

Mild organic yogurt fit 0.1% fat 150g

- ✓ low-fat natural pleasure with only 0.1% fat
- ✓ produced with the cultures of Lacidophilus and B.Bifidum
- ✓ traceable to the organic farmer

The ANDECHSER NATUR mild organic yogurt fit with only 0.1% fat offers a natural pleasure par excellence in prime Bioland quality. Perfect for dressings and the light, healthy cuisine. Traceable to the organic farmer at www.andechser-natur.de.

Mild organic yogurt* made of skimmed milk with 0.1%.











Average nutrient content per 100g

| Energy | 152 kJ / 36 kcal |
|-------------------------------|-------------------------------------|
| Fat | 0,1 g |
| thereof saturated fatty acids | <0,1 g |
| Carbohydrate | 3,8 g |
| thereof sugar | 3,8 g (natürlicher Milchzucker) |
| Protein | 4,9 g |
| Salt | 0,18 (natural salt content of milk) |

Allergy information

Potentially allergenic food contain according to recipe Used in production possibly as a track included in the product

| | | more of the product |
|---|----------|---------------------|
| Eggs (protein, yolk) and products thereof | _ | _ |
| Peanuts and products thereof | _ | _ |
| fish and products thereof | _ | _ |
| Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof | _ | |
| Shellfishes and products thereof | _ | _ |
| Lactose Explanation: >0,1g/ 100g | ~ | ~ |
| Lupine and products thereof | _ | _ |
| Milk and dairy produce | ~ | ~ |
| Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof | _ | |
| Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2 | _ | _ |

| Celery and products thereof | _ | _ |
|---------------------------------|---|---|
| mustard and products thereof | _ | _ |
| sesame and products thereof | _ | _ |
| Soya and products thereof | _ | _ |
| Molluscans and products thereof | _ | _ |