

Mild organic yogurt fit 0.1% fat 150g

- ✓ low-fat natural pleasure with only 0.1% fat
- ✓ produced with the cultures of Lacidophilus and B.Bifidum
- ✓ traceable to the organic farmer

The ANDECHSER NATUR mild organic yogurt fit with only 0.1% fat offers a natural pleasure par excellence in prime Bioland quality. Perfect for dressings and the light, healthy cuisine. Traceable to the organic farmer at www.andechser-natur.de.

Mild organic yogurt* made of skimmed milk with 0.1%.











Average nutrient content per 100g

Energy	152 kJ / 36 kcal
Fat	0,1 g
thereof saturated fatty acids	<0,1 g
Carbohydrate	3,8 g
thereof sugar	3,8 g (natürlicher Milchzucker)
Protein	4,9 g
Salt	0,18 (natural salt content of milk)

Allergy information

Potentially allergenic food contain according to recipe Used in production possibly as a track included in the product

		more of the product
Eggs (protein, yolk) and products thereof	_	_
Peanuts and products thereof	_	_
fish and products thereof	_	_
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	_	
Shellfishes and products thereof	_	_
Lactose Explanation: >0,1g/ 100g	~	~
Lupine and products thereof	_	_
Milk and dairy produce	~	~
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	_	
Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2	_	_

Celery and products thereof	_	_
mustard and products thereof	_	_
sesame and products thereof	_	_
Soya and products thereof	_	_
Molluscans and products thereof	_	_