

Organic kefir 1,5 % 500 g

- ✓ **refreshing drinking pleasure**
- ✓ **with only 1.5% fat**
- ✓ **made with special kefir cultures**

Known as the “drink of the 100-year-olds” the ANDECHSER NATUR mild organic kefir is a refreshing thirst quencher. It contains all valuable ingredients of milk at only 1.5% fat. During a careful long-term fermentation with special cultures the organic kefir gets its characteristic, slightly aromatic flavor. Available in a practical, resealable 500g bottle. Traceable to the organic farmer at www.andechser-natur.de.



Mild low-fat organic kefir* with 1,5 % fat.

Other than yogurt and other sour milk products ANDECHSER NATUR organic kefir is produced from a complex culture of yeast, lactic acid bacteria and pasteurized, low-fat organic cow milk. With fermentation the kefir acquires its typical, slightly aromatic, refreshing flavor during a prolonged fermentation period.



Average nutrient content per 100g

Energy	178 kJ / 42 kcal
Fat	1,5 g
thereof saturated fatty acids	1 g
Carbohydrate	3,8 g
thereof sugar	3,8 g (natürlicher Milchzucker)
Protein	3,4 g
Salt	0,1 g (natural content of the milk)

Allergy information

Potentially allergenic food contain according to recipe Used in production possibly as a track included in the product

Eggs (protein, yolk) and products thereof	—	—
Peanuts and products thereof	—	—
fish and products thereof	—	—
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	—	—
Shellfishes and products thereof	—	—
Lactose Explanation: >0,1g/ 100g	✓	✓
Lupine and products thereof	—	—
Milk and dairy produce	✓	✓
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	—	—
Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO ₂	—	—

Celery
and products thereof

—

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mustard
and products thereof

—

—

sesame
and products thereof

—

—

Soya
and products thereof

—

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Molluscs
and products thereof

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