

ANDECHSER NATUR



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Mild low-fat organic kefir* with 1.5% fat.

Other than yogurt and other sour milk products ANDECHSER NATUR organic kefir is produced from a complex culture of yeast, lactic acid bacteria and pasteurized, low-fat organic cow milk. With fermentation the kefir acquires its typical, slightly aromatic, refreshing flavor during a prolonged fermentation period.

Characteristics

- refreshing low-fat pleasure with 1.5% fat
- produced with special kefir cultures
- traceable to the organic farmer





Average nutrient content per 100g

Energy	195 kJ / 46 kcal
Fat	1,5 g
thereof saturated fatty acids	1 g
Carbohydrate	3,8 g
thereof sugar	3,8 g
Protein	3,4 g
Salt	0,13 g (natürlicher Salzgehalt der Milch)



Allergy information

Potentially allergenic food	contain according to recipe	Used in production possibly as a track included in the product
Eggs (protein, yolk) and products thereof	—	—
Peanuts and products thereof	—	—
fish and products thereof	—	—
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	—	—
Shellfishes and products thereof	—	—
Lactose Explanation: <0,1g/ 100g	✓	✓
Lupine and products thereof	—	—
Milk and dairy produce	✓	✓
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	—	—
Sulfur dioxide and sulfite at concentrations higher than 10	—	—

mg / kg or 10 mg / l, expressed as
SO₂

Celery and products thereof	-	-
mustard and products thereof	-	-
sesame and products thereof	-	-
Soya and products thereof	-	-
Molluscs and products thereof	-	-