

# ANDECHSER NATUR

## Organic yogurt Greek style, 0.2% 4x100g

- ✓ High in protein - 9g per cup
- ✓ Naturally low in fat
- ✓ Contains active, living cultures

High in protein and low in fat - the ANDECHSER NATUR organic greek style yogurt is perfect for athletes. Its creamy texture and mild flavor make it a light indulgence.

**Organic yogurt\* Greek style made of skimmed milk, 0.2% fat**



# Average nutrient content per 100g

|                               |                                       |
|-------------------------------|---------------------------------------|
| Energy                        | 220 kJ / 52 kcal                      |
| Fat                           | 0,2 g                                 |
| thereof saturated fatty acids | 0,1 g                                 |
| Carbohydrate                  | 3,5 g                                 |
| thereof sugar                 | 3,5 g                                 |
| Protein                       | 9 g                                   |
| Salt                          | 0,10 g (natural salt content of milk) |

## Allergy information

| Potentially allergenic food  | contain according to recipe | Used in production possibly as a track included in the product |
|--|-----------------------------|--|
| Eggs<br>(protein, yolk) and products thereof   | —                           | —  |
| Peanuts<br>and products thereof  | —                           | —  |
| fish<br>and products thereof   | —                           | —  |
| Cereals containing gluten<br>(wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof  | —                           | —  |
| Shellfishes<br>and products thereof  | —                           | —  |
| Lactose<br>Explanation: >0,1g/ 100g  | ✓                           | ✓  |
| Lupine<br>and products thereof   | —                           | —  |
| Milk<br>and dairy produce  | ✓                           | ✓  |
| Shell fruits<br>(almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof | —                           | —  |
| Sulfur dioxide and sulfite<br>at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2  | —                           | —  |

|   |   |   |
|---|---|---|
| <b>Celery</b><br>and products thereof     | — | — |
| <b>mustard</b><br>and products thereof    | — | — |
| <b>sesame</b><br>and products thereof     | — | — |
| <b>Soya</b><br>and products thereof       | — | — |
| <b>Molluscans</b><br>and products thereof | — | — |