

## Organic Skyr 0,2 % 400 g

- ✓ High in protein with only 0,2
  % fat naturally without any flavours
- Creamy fresh taste
- ✓ High-Quality Bioland ingredients

ANDECHSER NATUR organic SKYR with just 0.2% fat is the ideal companion as part of a low-carb diet or as a low-fat treat for in-between meals. It contains a lot of protein and only 0.2% fat, with a full-bodied creaminess.

Organic cream cheese\*, low-fat.







## Average nutrient content per 100g

Energy	254 kJ / 60 kcal
Fat	0,2 g
thereof saturated fatty acids	0,1 g
Carbohydrate	3,5 g
thereof sugar	3,5 g (natürlicher Milchzucker)
Protein	11 g
Salt	0,10 (natural salts of milk)

## **Allergy information**

Potentially allergenic food contain according to recipe Used in production possibly as a track included in the product

		more of the product
Eggs (protein, yolk) and products thereof	_	_
<b>Peanuts</b> and products thereof	_	_
<b>fish</b> and products thereof	_	_
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	_	
Shellfishes and products thereof	_	_
Lactose Explanation: >0,1g/ 100g	<b>~</b>	~
<b>Lupine</b> and products thereof	_	_
Milk and dairy produce	<b>~</b>	<b>~</b>
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	_	
Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2	_	_

Celery and products thereof	_	_
mustard and products thereof	_	_
sesame and products thereof	_	_
Soya and products thereof	_	_
Molluscans and products thereof	_	_