ANDECHSER NATUR

Organic low-fat curd cheese refined with yogurt 0% 500g

- ✔ **Extra creamy – refined with mild organic yogurt**
- ✔ **Naturally high in protein – proteins contribute to an increase in muscle mass**
- ✔ **On its own, with muesli, or for desserts**



ANDECHSER NATUR organic fat-free quark preparation—with its delicate, slightly tangy flavor—comes in a 500g reusable glass jar and is made from fresh Bioland-certified milk. It is exceptionally creamy, thanks to the addition of mild, fat-free organic yogurt.

Organic curd cheese preparation*, low fat

Ingredients:
CURD CHEESE*, 30% MILD YOGURT* made of skimmed milk*. *of controlled organic farming

Average nutrient content per 100g

Energy	249 kJ / 58 kcal
Fat	<0,5 g
thereof saturated fatty acids	0,1 g
Carbohydrate	4,0 g
thereof sugar	4,0 g (natürlicher Milchzucker)
Protein	9,6 g
Salt	0,11 g

Allergy information

Potentially allergenic food	contain according to recipe	Used in production possibly as a track included in the product
Eggs (protein, yolk) and products thereof	—	—
Peanuts and products thereof	—	—
fish and products thereof	—	—
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	—	—
Shellfishes and products thereof	—	—
Lactose Explanation: >0,1g/ 100g	✓	✓
Lupine and products thereof	—	—
Milk and dairy produce	✓	✓
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	—	—
Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2	—	—

Celery and products thereof	—	—
mustard and products thereof	—	—
sesame and products thereof	—	—
Soya and products thereof	—	—
Molluscans and products thereof	—	—