

## Organic curd cheese preparation 0 % fat, 500 g

- ✓ low fat high protein
- ✓ refined with yogurt
- ✓ produced with microbial lab









## **Ingredients:**

CURD CHEESE\*,MILD YOGURT\* made of skimmed milk\*. \*of controlled organic farming

## Average nutrient content per 100g

Energy	239 kJ / 56 kcal	
Fat	0,2 g	
thereof saturated fatty acids	0,1 g	
Carbohydrate	4,0 g	
thereof sugar	4,0 g (natürlicher Milchzucker)	
Protein	9,6 g	
Salt	0,11 g	

## **Allergy information**

Potentially allergenic food contain according to recipe Used in production possibly as a track

		included in the product
<b>Eggs</b> (protein, yolk) and products thereof	_	_
Peanuts and products thereof	_	_
fish and products thereof	_	_
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	_	_
Shellfishes and products thereof	_	_
Lactose Explanation: >0,1g/ 100g	~	~
Lupine and products thereof	_	_
Milk and dairy produce	~	~
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	_	_

Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2	_	_
Celery and products thereof	_	_
mustard and products thereof	_	_
sesame and products thereof	_	_
Soya and products thereof	_	_
Molluscans and products thereof	_	_