

# ANDECHSER NATUR

## Organic skyr natural fat-free 500g

- ✓ Made according to Icelandic tradition
- ✓ Rich in protein, which helps to strengthen muscle mass
- ✓ Fat-free by nature

ANDECHSER NATUR organic skyr for all athletes and nutrition-conscious people with a creamy texture and refreshing taste - ideal for breakfast or as a snack between meals. High in protein, naturally fat-free.

Organic cream cheese\*, low-fat



## Average nutrient content per 100g

<b>Energy</b>	254 kJ / 60 kcal
<b>Fat</b>	<0,5 g
thereof saturated fatty acids	0,1 g
<b>Carbohydrate</b>	3,5 g
thereof sugar	3,5 g (natural lactose)
<b>Protein</b>	11 g
<b>Salt</b>	01,0 (natural salts of milk)

## Allergy information

**Potentially allergenic food** contain according to recipe **Used in production possibly as a track included in the product**

<b>Eggs</b> (protein, yolk) and products thereof	—	—
<b>Peanuts</b> and products thereof	—	—
<b>fish</b> and products thereof	—	—
<b>Cereals containing gluten</b> (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	—	—
<b>Shellfishes</b> and products thereof	—	—
<b>Lactose</b> Explanation: >0,1g/ 100g	✓	✓
<b>Lupine</b> and products thereof	—	—
<b>Milk</b> and dairy produce	✓	✓
<b>Shell fruits</b> (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	—	—
<b>Sulfur dioxide and sulfite</b> at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO <sub>2</sub>	—	—

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**Celery**

and products thereof

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**mustard**

and products thereof

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**sesame**

and products thereof

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**Soya**

and products thereof

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**Molluscans**

and products thereof

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