

ANDECHSER NATUR

Organic skyr natural fat-free 500g

- ✓ Made according to Icelandic tradition
- ✓ Rich in protein, which helps to strengthen muscle mass
- ✓ Fat-free by nature

ANDECHSER NATUR organic skyr for all athletes and nutrition-conscious people with a creamy texture and refreshing taste - ideal for breakfast or as a snack between meals. High in protein, naturally fat-free.

Organic cream cheese*, low-fat



Average nutrient content per 100g

Energy	254 kJ / 60 kcal
Fat	<0,5 g
thereof saturated fatty acids	0,1 g
Carbohydrate	3,5 g
thereof sugar	3,5 (natural lactose)
Protein	11 g
Salt	01,0 (natural salts of milk)

Allergy information

Potentially allergenic food	contain according to recipe	Used in production possibly as a track included in the product
Eggs (protein, yolk) and products thereof	—	—
Peanuts and products thereof	—	—
fish and products thereof	—	—
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	—	—
Shellfishes and products thereof	—	—
Lactose Explanation: >0,1g/ 100g	✓	✓
Lupine and products thereof	—	—
Milk and dairy produce	✓	✓
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	—	—
Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l, expressed as SO2	—	—

Celery and products thereof	—	—
mustard and products thereof	—	—
sesame and products thereof	—	—
Soya and products thereof	—	—
Molluscans and products thereof	—	—