

- ✓ Made according to Icelandic tradition
- ✓ Rich in protein, which helps to strengthen muscle mass
- ✓ Fat-free by nature

ANDECHSER NATUR organic skyr for all athletes and nutrition-conscious people with a creamy texture and refreshing taste - ideal for breakfast or as a snack between meals. High in protein, naturally fat-free.

Organic cream cheese*, low-fat







Average nutrient content per 100g

Energy	254 kJ / 60 kcal	
Fat	<0,5 g	
thereof saturated fatty acids	0,1 g	
Carbohydrate	3,5 g	
thereof sugar	3,5 (natural lactose)	
Protein	11 g	
Salt	01,0 (natural salts of milk)	

Allergy information

Potentially allergenic food contain according to recipe Used in production possibly as a track included in the production

		included in the product
Eggs (protein, yolk) and products thereof	_	_
Peanuts and products thereof	_	_
fish and products thereof	_	_
Cereals containing gluten (wheat [wheat starch, wheat flour, protein, durum wheat semolina], rye, barley, oat, spelt) and products thereof	_	_
Shellfishes and products thereof	_	_
Lactose Explanation: >0,1g/ 100g	~	✓
Lupine and products thereof	_	_
Milk and dairy produce	~	✓
Shell fruits (almond, hazelnut, walnut, chaew nut, pecan, Brazil nut, Pistachio nut, Macadamia nut and Queensland nut) and products thereof	_	
Sulfur dioxide and sulfite at concentrations higher than 10 mg / kg or 10 mg / l,	_	_

expressed as SO2		
Celery and products thereof	_	_
mustard and products thereof	_	_
sesame and products thereof	_	_
Soya and products thereof	_	_
Molluscans and products thereof	_	_